



Rules

Get Fit with Garmin – 23.06.2018, Cetățuia Park

1. General

1.1. These rules apply to participants in the “Get Fit with Garmin” event.

1.2. The organizer of the event is Asociatia C.S. Alpin Universitar (CSAU), sponsored by SC Garmin Cluj SRL.

1.3. The Get Fit with Garmin races are open to all people, who must comply with the requirements set forth by the organizer, having the minimum age of 18 years. Adult races are open to younger people as well, being minimum 16 years old at the time of the races and having the written consent of an adult. The family race is open to children 4 years old and older, as long as they are accompanied by a parent or a legal tutor at the activities.

1.4. Participants must register online on www.fitwithgarmin.ro

1.5. By signing the registration form or ticking the appropriate box during the online registration, each participant:

– declares that he/she accepts and understands the terms and conditions for participation in Get Fit with Garmin, and the competition rules

– consents to the free and uncensored use of his/her image or other public data such as results, rankings, in promotional materials such as photos, posters, films, interviews, etc.;

- agrees that its personal data will be used by the Asociatia C.S. Alpin Universitar (CSAU) for information on the event.

1.6. The organizer reserves the right to refuse, for objective reasons, the registration and participation of any participant in the race;

1.7. The competition takes place on June 23th, 2018.

1.8. Registrations end on June 15th ; Registrations may close earlier if all available places communicated by the organizer on the event website are booked before June 15.

1.9. The track and the event schedule will be posted on www.fitwithgarmin.ro, at least 2 days before the event.

2. Obligations of participants

2.1. Participants take part in Get Fit with Garmin on their own responsibility, in full knowledge of their ability to participate in the event, their physical and mental health.

2.2. Each participant is responsible for his/her own security and safety. Organizers, partners, sponsors, volunteers, and staff involved in organizing the event are not responsible for any injury, death or damage of any kind sustained during or as a result of the event.

2.3. Participants are advised to have sports accident insurance.

2.4. Participants must listen to and follow the instructions of the competition organizer and staff.

2.5. The organizer may forbid any participant to start or continue the race if he/she is under the influence of alcohol or hallucinogens, in a state of weakness, or physical or mental exhaustion.

3. Participation fee

3.1. Participation in this event is 50 lei / person at hurdling and XCO MTB cross country races and 50 lei / team, at the family run (1 team is composed of 1 child and 1 parent or legal tutor).



3.2. Online registrations start on the day and at the time indicated by the organizer on the event website: www.fitwithgarmin.ro.

4. Registration kit

4.1. It includes race number, race T-shirt and race timing chip. If additional items are added to the registration package, the organizer will announce them on www.fitwithgarmin.ro

5. Categories and rankings

5.1. Participants may register for the following races:

- Hurdling
- XCO MTB Cross Country
- Family – obstacle run
- Open Air Yoga - 40 min
- BodyCombat Fitness - 40 min
- Nutrition workshop - 60 min

5.2. There will be rankings for hurdling, XCO MTB cross country, family obstacle run (they are considered competitive races).

5.3. Prizes will be awarded to the men and women finishing first, second and third in the hurdle and XCO MTB cross country. Prizes will be awarded at the family obstacle run to the first 3 teams, girls and boys, finishing the race at the following age groups: 4-6, 7-9, 10-12, 13-15.

5.4. The awards will be announced by the organizer on www.fitwithgarmin.ro

5.5. All participants who cross the finish line in the hurdle, XCO MTB cross country and family obstacle run will receive a medal.

6. Race procedures

6.1. Race number

Participants must wear their race number on the front of their t-shirt and it must be visible at all times during the race. If a participant withdraws from the race, he/she must hand over his/her race number to the checkpoint where his/her withdrawal will be announced.

6.2 Timing device

The timing device is attached with safety pins to participants' race number on the front of their t-shirt and it is visible.

6.3. The Start

Races will start on the date and at the time set by the organizer and announced on the competition website. The location of the start area will be posted on the official website.

6.4. Withdrawal from the race

a) Participants may withdraw from the competition for reasons other than injuries only at checkpoints or in the start/finish area. Any contestant who is not able or does not wish to continue a race must go to the nearest checkpoint or start/finish point where he/she will hand over his/her race number and will be considered withdrawn.



b) Slower contestants must be careful to make room for those who come from behind, want and can surpass them.

7. Environment protection

7.1. It is strictly forbidden to drop litter anywhere on the course other than in specially-dedicated places or at checkpoints.

7.2. Those who fail to follow this rule will be disqualified.

8. Mandatory gear

8.1. The following gear is mandatory for each participant who be present at the start: running shoes, sports apparel, race number (provided by the organizer).

9. Complaints/Appeals

9.1. Complaints and appeals shall be submitted in writing to the contest committee within 1 hour of the official closing of the race.

10. Course changes, other decisions regarding the competition

10.1. The organizer may change the track and the schedule at any time or may cancel/stop the race if it cannot be safely run or ride.

10.2. Any decision will be made by the contest committee or the competition director.

10.3. The organizer reserves the right to make changes to the information posted on the website, the rules, the schedule, or course etc. These changes will be made known to participants at least 5 days before the competition, in the case of information posted on the competition website, or at the latest when participants pick up their race number, in the case of information on race schedule.

10.4. By registering at this event on the website www.fitwithgarmin.ro I give my consent for Asociatia C.S. Alpin Universitar (CSAU), to collect and process my personal data (surname, given name, email address) in Romania, directly and/or through its authorized representatives and/or contractual partners, for promotional and information campaigns run by Asociatia C.S. Alpin Universitar (CSAU) to promote events organized or co-organized by Asociatia C.S. Alpin Universitar (CSAU).